

Lessons on Sabbath Rest

Series: Lessons I Learned During My Sabbatical

Deuteronomy 5:12-15

Sabbath is a time to _____

Deuteronomy 5:12 ESV “Observe the Sabbath day, to keep it holy, as the LORD your God commanded you. [13] Six days you shall labor and do all your work, [14] but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, you or your son or your daughter or your male servant or your female servant, or your ox or your donkey or any of your livestock, or the sojourner who is within your gates, that your male servant and your female servant may rest as well as you.

Psalms 37:7 ESV **Be still before the LORD and wait patiently for him; fret not yourself over the one who prospers in his way, over the man who carries out evil devices!**

Sabbath is a time to _____

Deuteronomy 5:15 ESV **You shall remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm. Therefore the LORD your God commanded you to keep the Sabbath day.**

Sabbath is a time to _____

Psalms 46:10 ESV **“Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!”**

Hebrews 12:1 ESV **Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us, [2] looking to Jesus, the founder and perfecter of our faith**

Hebrews 13:2 ESV **Do not neglect to show hospitality to strangers, for thereby some have entertained angels unawares.**

Romans 8:13 ESV For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live. [14] For all who are led by the Spirit of God are sons of God.

Sabbath is a time to _____

Philippians 4:4 ESV Rejoice in the Lord always; again I will say, rejoice.

Psalms 118:24 ESV This is the day that the LORD has made; let us rejoice and be glad in it.

Psalms 105:3 ESV Glory in his holy name; let the hearts of those who seek the LORD rejoice!